

# Shambhala - Yoga Introduction Class

Sign up now for a yoga introduction at Shambhala. You'll learn ways to improve concentration, correct breathing, have better posture and develop inner peace. For more information, please refer to the registration form attached.

Registration is on a first-come-first-served basis. To register, please complete this form and fax to Shambhala Yoga Centre at **Fax: 735 2993** by **27 July 2001 (Friday)**.

## Registration Form

Cardmember's Name \_\_\_\_\_ Tel \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Fax No. \_\_\_\_\_

No. of participants \_\_\_\_\_ Total amount to be charged to the UOB Lady's Card \$ \_\_\_\_\_

UOB Lady's Card No. 

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Card Expiry Date \_\_\_\_\_ Signature \_\_\_\_\_

Venue: 583 Orchard Road #06-05 Forum The Shopping Mall **Tel 735 2163**

Please tick the session that you would like to attend.

Saturday 11 August 2001 11.15am - 12.45pm  Saturday 25 August 2001 11.15am - 12.45pm

Saturday 18 August 2001 11.15am - 12.45pm  Saturday 1 September 2001 11.15am - 12.45pm

Shambhala will confirm your registration by 3 August 2001. The session times indicated here are subject to change at the sole discretion of Shambhala Yoga Centre. Cardmembers will be informed of any changes (if any) to the session times by 6 August 2001.



SHAMBHALA



**UOB CREDIT CARDS**