

## HEALTH SCREENING PACKAGES FOR UOB LADY'S CARD MEMBERS

Our health and wellness services range from preventive care through early health screening to medical aesthetics and wellness services, including seamless referrals to specialist care.

Our centre is also supported by diagnostic radiology services such as chest x-ray, mammogram, bone mass densitometry and ultrasound services just for women, all within our integrated clinic in the heart of Orchard Road, assuring you of the convenience and privacy you deserve.

To meet the unique needs of our female patients, we have a variety of customised packages to choose from:

### Classic Screening Package

This package is suitable for women above 30 years old. It provides a baseline health status with detailed blood profile and investigations.

Components	Package Rate
<p><b>Core Component</b></p> <ul style="list-style-type: none"> <li>• Medical Consultation and Examination (Including Review)</li> <li>• Body Index Analysis (BIA)</li> <li>• Urine &amp; Stool Analysis</li> <li>• Urine Albumin / Creatinine</li> <li>• ECG</li> <li>• Pap Smear</li> <li>• Chest X-Ray</li> <li>• Bone Mass Density</li> </ul>	<p><b><u>UOB Lady's Card Rate</u></b></p> <p><b>\$914.85 (after GST)</b></p>
<p><b>Blood Test</b></p> <ul style="list-style-type: none"> <li>• Fasting Glucose</li> <li>• Haematology (FBC, ESR, PBF, Blood Group)</li> <li>• Lipid Profile (including Apolipoprotein A &amp; B, Apo A/B Ratio)</li> <li>• Tumour Markers (CEA, AFP, EBV, CA19-9, CA125)</li> <li>• Renal Profile (Sodium, Potassium, Chloride, Creatinine &amp; Urea)</li> <li>• Liver Profile</li> <li>• Thyroid Studies (T4 &amp; TSH)</li> <li>• Bone &amp; Joint (Calcium, Phosphate, Uric Acid, Rheumatoid factor)</li> <li>• STD (VDRL &amp; HIV)</li> <li>• Hepatitis A &amp; B Screening</li> </ul>	
<p><b>Other Blood Test</b></p> <ul style="list-style-type: none"> <li>• Homocysteine</li> <li>• HsCRP</li> <li>• Serum Ferritin</li> </ul>	
<p><b>Choose THREE of the investigations</b></p> <ul style="list-style-type: none"> <li>• Treadmill ECG</li> <li>• Ultrasound Pelvis</li> <li>• Ultrasound Liver</li> <li>• Ultrasound Bladder</li> <li>• Ultrasound Breast</li> <li>• Ultrasound Thyroid</li> </ul>	
<p><b>Other Tests</b></p> <ul style="list-style-type: none"> <li>• Tonometry</li> </ul>	

**Thomson Well Women Clinic**

**Tel: 67350300 Email: [contact@thomsonwellwomen.com](mailto:contact@thomsonwellwomen.com)**

*Scotts Medical Center @ Pacific Plaza, 9 Scotts Road #10-02/03/04/05/06, Singapore 228210*

## Deluxe Screening Package

This package includes detailed blood profile and investigations, tailored for women over 40 years old to ensure a clean bill of health at this juncture in life.

Components		Package Rate
<p><b>Core Component</b></p> <ul style="list-style-type: none"> <li>• Medical Consultation and Examination (Including Review)</li> <li>• Body Index Analysis (BIA)</li> <li>• Urine &amp; Stool Analysis</li> <li>• Urine Albumin / Creatinine</li> <li>• ECG</li> <li>• Pap Smear</li> <li>• Chest X-Ray</li> <li>• Bone Mass Density</li> </ul>		<p><b><u>UOB Lady's Card Rate</u></b></p> <p><b>\$1,011.15 (after GST)</b></p>
<p><b>Blood Test</b></p> <ul style="list-style-type: none"> <li>• Fasting Glucose</li> <li>• Haematology (FBC, ESR, PBF, Blood Group)</li> <li>• Lipid Profile (including Apolipoprotein A &amp; B, Apo A/B Ratio)</li> <li>• Tumour Markers (CEA, AFP, EBV, CA19-9, CA125)</li> <li>• Renal Profile (Sodium, Potassium, Chloride, Creatinine &amp; Urea)</li> <li>• Liver Profile</li> <li>• Thyroid Studies (T4 &amp; TSH)</li> <li>• Bone &amp; Joint (Calcium, Phosphate, Uric Acid, Rheumatoid factor)</li> <li>• STD (VDRL &amp; HIV)</li> <li>• Hepatitis A &amp; B Screening</li> </ul> <p><b>Other Blood Test</b></p> <ul style="list-style-type: none"> <li>• Homocysteine</li> <li>• HsCRP</li> <li>• Serum Ferritin</li> <li>• Vitamin D</li> </ul>		
<p><b>Choose TWO from Group A</b></p> <ul style="list-style-type: none"> <li>• Treadmill ECG</li> <li>• Ultrasound Pelvis</li> <li>• Ultrasound Liver</li> <li>• Ultrasound Bladder</li> <li>• Ultrasound Breast</li> <li>• Ultrasound Thyroid</li> </ul>	<p><b>Choose ONE from Group B</b></p> <ul style="list-style-type: none"> <li>• Ultrasound Abdomen</li> <li>• Mammogram with Ultrasound Breast</li> </ul>	
<p><b>Other Tests</b></p> <ul style="list-style-type: none"> <li>• Tonometry</li> </ul>		

## Premium Screening Package

This package is recommended for those who wish to have a more comprehensive health screening profile with added investigations. It is suitable for women over 40 and who may have a family history of diseases.

Components		Package Rate
<p><b>Core Component</b></p> <ul style="list-style-type: none"> <li>• Medical Consultation and Examination (Including Review)</li> <li>• Body Index Analysis (BIA)</li> <li>• Urine &amp; Stool Analysis</li> <li>• Urine Albumin / Creatinine</li> <li>• ECG</li> <li>• Pap Smear</li> <li>• Chest X-Ray</li> <li>• Bone Mass Density</li> </ul>		<p><b><u>UOB Lady's Card Rate</u></b></p> <p><b>\$1,300.05 (after GST)</b></p>
<p><b>Blood Test</b></p> <ul style="list-style-type: none"> <li>• Fasting Glucose</li> <li>• Haematology (FBC, ESR, PBF, Blood Group)</li> <li>• Lipid Profile (including Apolipoprotein A &amp; B, Apo A/B Ratio)</li> <li>• Tumour Markers (CEA, AFP, EBV, CA19-9, CA125)</li> <li>• Renal Profile (Sodium, Potassium, Chloride, Creatinine &amp; Urea)</li> <li>• Liver Profile</li> <li>• Thyroid Studies (T4 &amp; TSH)</li> <li>• Bone &amp; Joint (Calcium, Phosphate, Uric Acid, Rheumatoid factor)</li> <li>• STD (VDRL &amp; HIV)</li> <li>• Hepatitis A &amp; B Screening</li> </ul> <p><b>Other Blood Test</b></p> <ul style="list-style-type: none"> <li>• Homocysteine</li> <li>• HsCRP</li> <li>• Serum Ferritin</li> <li>• Vitamin D</li> <li>• Serum B12</li> <li>• Folate</li> </ul>		
<p><b>Choose TWO from Group A</b></p> <ul style="list-style-type: none"> <li>• Treadmill ECG</li> <li>• Ultrasound Pelvis</li> <li>• Ultrasound Liver</li> <li>• Ultrasound Bladder</li> <li>• Ultrasound Breast</li> <li>• Ultrasound Thyroid</li> </ul>	<p><b>TWO from Group B</b></p> <ul style="list-style-type: none"> <li>• Ultrasound Abdomen</li> <li>• Mammogram with Ultrasound Breast</li> </ul>	
<p><b>Other Tests</b></p> <ul style="list-style-type: none"> <li>• Tonometry</li> <li>• Audiometry</li> <li>• Spirometry</li> </ul>		

## Elite Screening Package

This premium package contains an extensive selection of investigations as well as comprehensive blood and hormone profiles. This package is especially suitable for those over 40 years old and who wish to undergo a thorough health screening.

Components		Package Rate
<b>Core Component</b> <ul style="list-style-type: none"> <li>• Medical Consultation and Examination (Including Review)</li> <li>• Body Index Analysis (BIA)</li> <li>• Urine &amp; Stool Analysis</li> <li>• Urine Albumin / Creatinine</li> <li>• ECG</li> <li>• Pap Smear</li> <li>• Chest X-Ray</li> <li>• Bone Mass Density</li> </ul>		<p><b><u>UOB Lady's Card Rate</u></b></p> <p><b>\$1,492.65 (after GST)</b></p>
<b>Blood Test</b> <ul style="list-style-type: none"> <li>• Fasting Glucose</li> <li>• Haematology (FBC, ESR, PBF, Blood Group)</li> <li>• Lipid Profile (including Apolipoprotein A &amp; B, Apo A/B Ratio)</li> <li>• Tumour Markers (CEA, AFP, EBV, CA19-9, CA125)</li> <li>• Renal Profile (Sodium, Potassium, Chloride, Creatinine &amp; Urea)</li> <li>• Liver Profile</li> <li>• Thyroid Studies (T4 &amp; TSH)</li> <li>• Bone &amp; Joint (Calcium, Phosphate, Uric Acid, Rheumatoid factor)</li> <li>• STD (VDRL &amp; HIV)</li> <li>• Hepatitis A &amp; B Screening</li> </ul>		
<b>Hormone Profile</b> <ul style="list-style-type: none"> <li>• Menopausal Profile (FSH, LH, E2, DHEAS, Prolactin)</li> </ul>		
<b>Other Blood Test</b> <ul style="list-style-type: none"> <li>• Homocysteine</li> <li>• HsCRP</li> <li>• Serum Ferritin</li> <li>• Vitamin D</li> <li>• Serum B12</li> <li>• Folate</li> </ul>		
<b>Choose THREE from Group A</b> <ul style="list-style-type: none"> <li>• Treadmill ECG</li> <li>• Ultrasound Pelvis</li> <li>• Ultrasound Liver</li> <li>• Ultrasound Bladder</li> <li>• Ultrasound Breast</li> <li>• Ultrasound Thyroid</li> </ul>	<b>TWO from Group B</b> <ul style="list-style-type: none"> <li>• Ultrasound Abdomen</li> <li>• Mammogram with Ultrasound Breast</li> </ul>	
<b>Other Tests</b> <ul style="list-style-type: none"> <li>• Tonometry</li> <li>• Audiometry</li> <li>• Spirometry</li> </ul>		

## Elite-Plus Screening Package

This is an enhanced screening package with inclusion of assessment by our Aesthetics doctor and pampering treats from renowned cosmetic brands that every woman deserves!

Components		Package Rate
<p><b>Core Component</b></p> <ul style="list-style-type: none"> <li>• Medical Consultation and Examination (Including Review)</li> <li>• Body Index Analysis (BIA)</li> <li>• Urine &amp; Stool Analysis</li> <li>• Urine Albumin / Creatinine</li> <li>• ECG</li> <li>• Pap Smear</li> <li>• Chest X-Ray</li> <li>• Bone Mass Density</li> </ul>		<p><b><u>UOB Lady's Card Rate</u></b></p> <p><b>\$1,781.55 (after GST)</b></p>
<p><b>Blood Test</b></p> <ul style="list-style-type: none"> <li>• Fasting Glucose</li> <li>• Haematology (FBC, ESR, PBF, Blood Group)</li> <li>• Lipid Profile (including Apolipoprotein A &amp; B, Apo A/B Ratio)</li> <li>• Tumour Markers (CEA, AFP, EBV, CA19-9, CA125)</li> <li>• Renal Profile (Sodium, Potassium, Chloride, Creatinine &amp; Urea)</li> <li>• Liver Profile</li> <li>• Thyroid Studies (T4 &amp; TSH)</li> <li>• Bone &amp; Joint (Calcium, Phosphate, Uric Acid, Rheumatoid factor)</li> <li>• STD (VDRL &amp; HIV)</li> <li>• Hepatitis A &amp; B Screening</li> </ul>		
<p><b>Hormone Profile</b></p> <ul style="list-style-type: none"> <li>• Menopausal Profile (FSH, LH, E2, DHEAS, Prolactin)</li> </ul>		
<p><b>Other Blood Test</b></p> <ul style="list-style-type: none"> <li>• Homocysteine</li> <li>• HsCRP</li> <li>• Serum Ferritin</li> <li>• Vitamin D</li> <li>• Serum B12</li> <li>• Folate</li> </ul>		
<p><b>Choose THREE from Group A</b></p> <ul style="list-style-type: none"> <li>• Treadmill ECG</li> <li>• Ultrasound Pelvis</li> <li>• Ultrasound Liver</li> <li>• Ultrasound Bladder</li> <li>• Ultrasound Breast</li> <li>• Ultrasound Thyroid</li> </ul>	<p><b>TWO from Group B</b></p> <ul style="list-style-type: none"> <li>• Ultrasound Abdomen</li> <li>• Mammogram with Ultrasound Breast</li> </ul>	
<p><b>Other Tests</b></p> <ul style="list-style-type: none"> <li>• Tonometry</li> <li>• Audiometry</li> <li>• Spirometry</li> </ul>		
<p><b>Exclusive PLUS!</b></p> <ul style="list-style-type: none"> <li>• Aesthetic Facial Assessment by GP</li> <li>• Full Face Laser Rejuvenation Session</li> <li>• \$150 Bobbi Brown Cosmetics Voucher (3 Personal Make-up Lessons, Membership and Redeemable Against Products) @ ION or Isetan Orchard</li> </ul>		

## UOB Lady's Package

This is a basic health screening package specially customised for those who would like to have a baseline assessment of their health status.

Components	Package Rate
<p><b>Core Component</b></p> <ul style="list-style-type: none"> <li>• Medical Consultation and Examination (Including Review)</li> <li>• Body Index Analysis (BIA)</li> <li>• Urine &amp; Stool Analysis</li> <li>• Urine Albumin / Creatinine</li> <li>• ECG</li> <li>• Pap Smear</li> <li>• Chest X-Ray</li> <li>• Ultrasound Breast</li> </ul>	<p style="text-align: center;"><b><u>UOB Lady's Card Rate</u></b></p> <p style="text-align: center;"><b>\$695.50 (after GST)</b></p>
<p><b>Blood Test</b></p> <ul style="list-style-type: none"> <li>• Fasting Glucose</li> <li>• Haematology (FBC, ESR, PBF, Blood Group)</li> <li>• Lipid Profile (including Apolipoprotein A &amp; B, Apo A/B Ratio)</li> <li>• Tumour Markers (CEA, AFP, EBV, CA19-9, CA125)</li> <li>• Renal Profile (Sodium, Potassium, Chloride, Creatinine &amp; Urea)</li> <li>• Liver Profile</li> <li>• Thyroid Studies (T4 &amp; TSH)</li> <li>• Bone &amp; Joint (Calcium, Phosphate, Uric Acid, Rheumatoid factor)</li> <li>• STD (VDRL &amp; HIV)</li> <li>• Hepatitis A &amp; B Screening</li> </ul> <p><b>Other Blood Test</b></p> <ul style="list-style-type: none"> <li>• Homocysteine</li> <li>• HsCRP</li> <li>• Serum Ferritin</li> </ul>	

**Note:**

1. Please contact Thomson Well Women Clinic at (65) 6735 0300 or email [contact@thomsonwellwomen.com](mailto:contact@thomsonwellwomen.com) to find out more about UOB Lady's Cardmember privileges and benefits.
2. Above rates are inclusive of breakfast catered by Delifrance (Halal) and coffee by Spinelli's and Twinings tea, at Thomson Well Women breakfast lounge.
3. Breakfast menu includes (subject to change):
  - Soup of the Day (Mushroom / Tomato)
  - Mini Croissant (Butter / Strawberry Jam)
  - Slice Baguette (with assorted filling -Tuna/ Egg/ etc)
  - Mix Salad (Vegetarian) w/ Dressing (Thousand Island/ Caesar)
  - Finger Sandwiches (with assorted fillings)
  - Cornflakes (w/ milk)
  - Orange Juice
  - Spinelli's coffee (Espresso/ Latte/ Cappuccino/ Coffee)
  - Twinings Assorted Tea
4. Special breakfast request will be subject to additional charge.

## AESTHETIC SERVICE MENU

Service:	Description:	Rates from:
<b>Botox</b>	<p>Botox therapy is a quick and simple non-surgical procedure that involves injections of Botox on the selected facial muscles using a very fine needle.</p> <p>Botox is a natural purified protein that relaxes wrinkling muscles, resulting in a smoothed and more youthful appearance.</p>	<b>From \$203.30</b>
<b>Facial Fillers</b>	<p>It is a substance which is injected into the skin to 'lift and fill in' facial lines and creases, temporarily restoring its youthful and plumped-up appearance.</p> <p>The results can be quite stunning and take years off you in a single stroke.</p>	<b>From \$963</b>
<b>Cosmetic Peel</b>	<p>It is a treatment where one or more peeling chemicals (such as glycolic acid) are applied to the skin to gently remove the outer superficial layer of the skin.</p> <p>This helps to rebuild collagen, lightens and brightens skin.</p>	<b>From \$139.10</b>
<b>Hair Removal</b>	<p>Makes use of intense light source of wavelength to heat up and destroy the hair follicle selectively.</p> <p>The laser energy is absorbed by the pigment within the hair follicle and the heat generated in the process is enough to "burn" the hair follicle without causing much injury to the surrounding tissues.</p>	<b>From \$214</b>
<b>Pigmentation</b>	<p>Different colour tattoo require different specific wavelengths.</p> <p>Pigmentation laser treatment reduces the appearance of dark spots and pigment on your face and body, including:</p> <ul style="list-style-type: none"> <li>• age spots</li> <li>• sun damage</li> <li>• solar lentigines</li> <li>• café au lait spots</li> <li>• moles</li> <li>• birthmarks</li> <li>• freckles</li> </ul>	<b>From \$267.50</b>

<p><b>Radiofrequency</b></p>	<p>The device engages the cooling system to heat deep tissue as its constant monitoring of the skin's temperature facilitates a comfortable, even treatment.</p> <p>To favorably influence the upper skin layers, only controlled heating is engaged to redefine loose skin and smooth wrinkles.</p> <p>Thus, the Exilis causes the collagen supporting tissue to remodel, thereby stimulating and strengthening the collagen network to improve skin laxity and texture.</p>	<p><b>From \$642</b></p>
<p><b>CO<sub>2</sub> Laser</b></p>	<p>CO<sub>2</sub> is a Carbon Dioxide laser treatment of conditions such as fine and deep wrinkles, scars of various origin, uneven pigmentation and dilated pores.</p> <p>When the CO<sub>2</sub> beam of light comes in contact with the epidermis it heats and vaporizes the skin tissue, instantly removing the superficial layers of the skin, scars and wrinkles while smoothing out the surface of the skin.</p> <p>The skin remodeling occurs with new skin and collagen growth.</p>	<p><b>From \$856</b></p>
<p><b>Rejuvenation Laser</b></p>	<p>This is a non-ablative laser skin rejuvenation laser technology introduced to treat wrinkles, pores and scars.</p> <p>It works by promoting the synthesis of collagen in the dermis without ablating or removing the overlying epidermis, thus sparing patients a prolong downtime and healing period.</p>	<p><b>From \$214</b></p>

- We recommend that you discuss what you want to achieve with the doctor in advance. Our doctor will ensure your procedure is safe and will provide you with professional advice in order to achieve the most optimal outcome to enhance your appearance.
- Prices listed are after 7% GST, before consultation fees.
- Please contact Thomson Well Women Clinic at (65) 6735 0300 or email [contact@thomsonwellwomen.com](mailto:contact@thomsonwellwomen.com) to find out more about UOB Lady's Cardmember privileges and benefits.



## FACIAL THERAPY SERVICES

Service:	Description:	Rates from:
<b>Express Facial</b>	<p>Created specifically for the person on the go, formulated to refresh, renew and revitalize – the facial work with all skin types to reveal more youthful, healthy skin.</p> <p>Suitable for all skin types.</p>	<b>\$53.50 (30 mins)</b>
<b>Anti-Aging Facial</b>	<p>An anti-aging facial will have all the steps of a basic facial, but with ingredients that are targeted to aging or "mature" skin.</p> <p>Anti-aging facials use products and techniques designed to slow the aging process, brighten skin, and reduce wrinkles.</p> <p>Suitable for skin that already showing signs of maturity</p>	<b>\$149.80 (90 mins)</b>
<b>Hydrating Facial</b>	<p>Hydrating facial will nourish dry, dehydrated skin that has become dull, patchy and flakey.</p> <p>The treatments immediately nourish and hydrate the skin to relieve tightness and fine lines.</p> <p>Gentle exfoliation removes dry skin cells, and allows the rich face treatment oils and long-lasting, replenishing products to deliver hydration deep into the skin.</p> <p>Soft, supple skin is revealed and dehydration kept at bay. Suitable for all skin types, especially for dehydrated, dry and dull skin.</p>	<b>\$149.80 (90 mins)</b>
<b>Whitening Facial</b>	<p>Whitening Facial will help brighten your skin to a radiant glow and leave it smoother and firmer.</p> <p>Designed to reinforce the brightening of a complexion that is even, luminous and clear.</p> <p>Suitable for all skin types, especially for dull skin and/or skin with pigmentation.</p>	<b>\$149.80 (90 mins)</b>

<p><b>Skin Rejuvenation Facial</b></p>	<p>Skin Rejuvenation Facial recommended for prone to oily or acne skin or for those with uneven complexions.</p> <p>The facial generally incorporate a combination of thorough steaming, deep cleansing, facial extractions to remove pore-clogging sebum, and healing mask and moisturizer.</p>	<p><b>\$149.80 (90 mins)</b></p>
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- A consultation with our doctor is required before facial therapy services may be purchased. Our Facial Therapists will provide you with professional advice and assist you in achieving the optimal outcome to enhance your appearance.
- Prices listed are after 7% GST, before doctor's consultation fees.
- Above services are strictly by appointment only.
- Please contact Thomson Well Women Clinic at (65) 6735 0300 or email [contact@thomsonwellwomen.com](mailto:contact@thomsonwellwomen.com) to find out more about UOB Lady's Cardmember privileges and benefits.